

The 5 Key Things to know about Healthwatch!

1

What is Healthwatch Sheffield?

Healthwatch Sheffield is the consumer champion for health and care in the city.

We are here to make sure the voice of the consumer (me, you and your family) is heard by those who fund, deliver and keep an eye on health and care services.

When we talk about Health we mean:

GPs, dentists, opticians, pharmacists, hospitals etc.

When we talk about Care we mean:

Care homes, home care, day centres, personal budgets etc.

2

Why it's important to you

It gives you a voice.

Healthwatch will ask you what you think about the health and social care services you and your family receive. We go out and about across the city to talk to people and find out what they think.

We will work to make sure that people who don't often get a chance to tell people their views are able to do so.

It helps you to change services.

Tell us what you think about health and social care in Sheffield.

Healthwatch will use what you tell us to talk to doctors, hospitals and care services and tell them about the changes you want to see"

But, remember *"If you don't tell us, we can't act!"*

It gives you information and advice on Health and Social Care.

For information and advice on health and social care services in Sheffield and where to go for them, You can get information and advice:-

Over the telephone: Adviceline (0114) 205 5055

Face to face: appointments at some Advice Centres across the city,

Online self-help: www.advicesheffield.org.uk

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How can I keep up-to-date with what's happening?

Become a member. There is no cost to become a member and you'll receive our newsletter every two months, either by post or email.

You can also keep up to date with what's happening on the website www.healthwatchsheffield.co.uk, follow us on Twitter and like us on Facebook.

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How can I get more involved?

You can volunteer with Healthwatch.

To find out more, please download a pack from the Healthwatch Sheffield website www.healthwatchsheffield.co.uk or call us on (0114) 253 6688.

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How do I get in touch with Healthwatch Sheffield?

Tell your story or experience with Health and Care services in the city.

Call us: (0114) 253 6688

Text us: 07415 249657

Email us: info@healthwatchsheffield.co.uk

Online: Fill the Talk to Us form on the website www.healthwatchsheffield.co.uk

Write to us:

Healthwatch Sheffield, The Circle, 33 Rockingham Lane, Sheffield, S1 4FW