

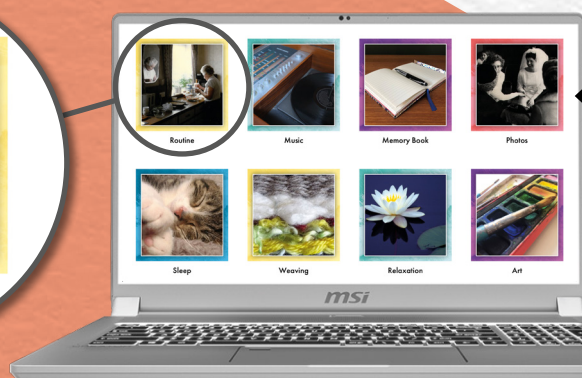
www.connectingpeopleconnectingsupport.online - A space where people with dementia, family members and supporters can come together and explore ways of living well with dementia. Check in for new resources each week!

Who contributes to Connecting People Connecting Support Online?

This is a trusted online resource and each resource is written by a range of different people who are sharing information and activities to help people to live well at home including their own home, or receiving care at home or living in a care home.

Who inspires the resources shared on Connecting People Connecting Support Online?

You do. The resources and activities you find on this website have been tried, tested and recommended by people with dementia and those who support them. We have research to support this work but more importantly we are responding to what people are asking us for.



A new resource each week

What will we see when we go Connecting People Connecting Support Online?

chat

In **CHAT** you will find ideas to start the conversation on that week's topic.

try

In **TRY** you will find activities or exercise to help you think about the topic.

play

In **PLAY** you will find an interactive game that relates to the topic.

more

In **MORE** you will find other resources and links for exploring the topic further.

www.connectingpeopleconnectingsupport.online - A space where people with dementia, family members and supporters can come together and explore ways of living well with dementia. Check in for new resources each week!

What you have told us so far about Connecting People Connecting Support Online?

In our first 6 weeks of the launch on the 24th March 2020 we have had over **2,200 visitors and 15,000 page views** from across the globe with some great feedback too!

"If you're caring for someone with dementia, this really useful online resource from AHPDementia has lots of activities and advice to help support wellbeing."

"Why not try something new this weekend...lots of inspiring ideas from our friends at AHPDementia"

"This is full of fantastic free resources exploring how to live well with dementia."

"Carers don't have the energy to search for things online so having this all in one place is great... People feel like they've won the lottery when they see the website!"



How can I find out more about Connecting People Connecting Support Online?

We hope that you enjoy exploring our website.

We have a lot of different ways to get in touch if you have any activity suggestions or require physical resources posting to your home.



AHPconnectingpeople@gmail.com



@AHPDementia

